

Bacterial in-cell NMR of human α -synuclein: a disordered monomer by nature?

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Abstract

The notion that human α -synuclein is an intrinsically disordered monomeric protein was recently challenged by a postulated α -helical tetramer as the physiologically relevant protein structure. The fact that this alleged conformation had evaded detection for so many years was primarily attributed to a widely used denaturation protocol to purify recombinant α -synuclein. In the present paper, we provide in-cell NMR evidence obtained directly in intact *Escherichia coli* cells that challenges a tetrameric conformation under native *in vivo* conditions. Although our data cannot rule out the existence of other intracellular protein states, especially in cells of higher organisms, they indicate clearly that inside *E. coli* α -synuclein is mostly monomeric and disordered.

Structural features of human α -synuclein

α -Synuclein is expressed abundantly in brain dopaminergic neurons and its aggregation into amyloid fibrils has been correlated strongly with the onset of PD (Parkinson's disease) and neurodegeneration [1,2]. α -Synuclein contains 140 amino acids and can be divided into three main regions according to its primary sequence. The N-terminal region (residues 1–60) is known to interact with lipid vesicles [3,4], the hydrophobic NAC (non-amyloid- β component) region (residues 61–95) is responsible for protein aggregation [5] and the negatively charged C-terminus (residues 96–140) is reported to counteract α -synuclein aggregation [6–8]. The structural properties of α -synuclein in its soluble form have been investigated extensively. From an early purification study under native conditions by Lansbury and co-workers in 1996, for which SEC (size-exclusion chromatography), native PAGE, sucrose gradient centrifugation and MALDI-TOF (matrix-assisted laser-desorption ionization-time-of-flight)-MS were used, α -synuclein was described as a disordered monomer with an apparent molecular mass of 14.5 kDa [9]. Spectroscopic characterization by CD and FTIR (Fourier-transform IR) spectroscopy did not detect regions of stable secondary structure or a hydrophobic protein core. In the following years, these findings were corroborated by several other groups [10–19]. NMR was later employed to characterize the monomeric solution state of α -synuclein at atomic resolution. ¹³C chemical shift data demonstrated that the first ~100 residues had propensities to populate transient α -helical structures [20,21]. The C-terminal region of α -synuclein was determined to be less well defined, although short stretches of β -turn-like conformations were

identified [17,20]. As expected for a monomeric disordered protein, ¹⁵N relaxation data revealed increased backbone amide dynamics compared with those of folded globular proteins [20]. NMR spectroscopy, SAXS (small-angle X-ray scattering), DLS (dynamic light scattering) and fluorescence spectroscopy delineated a solution conformation that was not fully compatible with an extended random-coil state [6,13,22–24]. In turn, transient intramolecular long-range contacts between the N- and C-terminus, as well as the NAC region and C-terminus, of α -synuclein were identified and shown to prevent the central NAC region from spontaneous aggregation into oligomeric fibrils [6,22]. Together, these data established that α -synuclein existed in defined structural ensembles of interconverting monomers, similar to what has also been observed for many other IDPs (intrinsically disordered proteins) [25,26].

Monomeric compared with tetrameric α -synuclein

The disordered monomeric conformation of α -synuclein was challenged recently by two papers that proposed a different structure under physiological conditions [27,28]. These proposed a tetrameric state of the protein with well-defined α -helical segments. Moreover, it was suggested that this α -synuclein conformation had remained undetected to date mainly because of a denaturation protocol that is employed by many groups to purify recombinant α -synuclein. It was stated that the use of denaturing agents or boiling of the bacterial cell lysates during the initial purification steps of recombinant α -synuclein could destroy the tetramer and result in the accumulation of the disordered monomer [27,28]. Endogenous α -synuclein isolated from RBCs (red blood cells), different cultured neuronal cell lines and human tissue under non-denaturing conditions was reported to occur predominantly as a native tetramer of approximately 58 kDa,

Key words: amyloid, in-cell nuclear magnetic resonance (in-cell NMR), intrinsically disordered protein (IDP), α -synuclein, tetramer.

Abbreviations used: BOG, octyl β -D-glucopyranoside; HSQC, heteronuclear single-quantum coherence; NAC, non-amyloid- β component; SEC, size-exclusion chromatography.

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on the basis of analytical ultracentrifugation, native PAGE, transmission scanning electron microscopy and *in vitro* cross-linking of the protein [27]. A similar hypothetical α -synuclein tetramer was also purified from *Escherichia coli*, although in this case the α -synuclein construct contained ten additional amino acids at its N-terminus [28]. CD spectra of α -synuclein purified under non-denaturing conditions suggested a high α -helical content in both studies. Monomeric α -synuclein was shown to bind to lipid vesicles, leading to the formation of stable α -helical segments within its first 100 residues [29,30]. The alleged α -synuclein tetramer was reported to bind membranes with higher affinity than the disordered monomer [27]. Finally, the proposed native tetrameric form of α -synuclein displayed a reduced tendency to form amyloid fibrils and was non-toxic when added to cultured neuronal cells [27,28]. According to $^{13}\text{C}\alpha$ and $^1\text{H}\alpha$ NMR chemical shift data, the N-terminally extended tetrameric form of α -synuclein exhibited 'significant' helical propensities at different N-terminal positions and within the central NAC region [28]. ^{15}N -edited NOESY-HSQC (heteronuclear single-quantum coherence) experiments and CD spectroscopy measurements were reported to confirm these findings. It was noted that two-dimensional ^1H - ^{15}N correlation NMR spectra of tetrameric α -synuclein failed to detect the characteristic features of α -helical secondary structure, in contrast with what has been observed for monomeric α -synuclein bound to micelles [29,30]. This behaviour was attributed to the dynamic transient nature of the helical regions in the tetramer [28].

Conspicuously, the overall appearance of the two-dimensional NMR spectra of the α -synuclein tetramer closely resembles previous *in vitro* NMR spectra of the monomeric protein [6,7,31,32]. We have used the NMR chemical shift data of the α -synuclein tetramer that have been deposited in the Biological Magnetic Resonance Data Bank (BRMB #17665) [28] to emulate a two-dimensional ^1H - ^{15}N correlation spectrum of this protein state. We then compared this virtual NMR spectrum with a two-dimensional ^1H - ^{15}N correlation spectrum that we recorded *in vitro* on a sample of recombinant monomeric α -synuclein, purified under denaturing conditions, but resuspended in the same buffer used for collecting the deposited tetramer chemical shifts. A superposition of these NMR spectra (Figure 1A) shows that they are very similar. Differences were only seen for the deposited chemical shifts of Tyr³⁹ and Leu¹¹³. Line broadening of Ser⁴², Asn¹⁰³ and of residues in the glycine region of the NMR spectrum was due to known unfavourable chemical exchange effects at this temperature and pH (i.e. 25°C and pH 7.4). These observations are in line with previously published data [21]. For two-dimensional ^1H - ^{15}N NMR spectra recorded on the same sample at 10°C, previously line-broadened resonances were clearly visible (results not shown). These data suggest that the reported differences in chemical shift values between the alleged α -synuclein tetramer and the monomeric form of the protein primarily arise from different solution conditions.

Possible oligomeric states of α -synuclein have been discussed previously. Even the seminal paper by Lansbury and

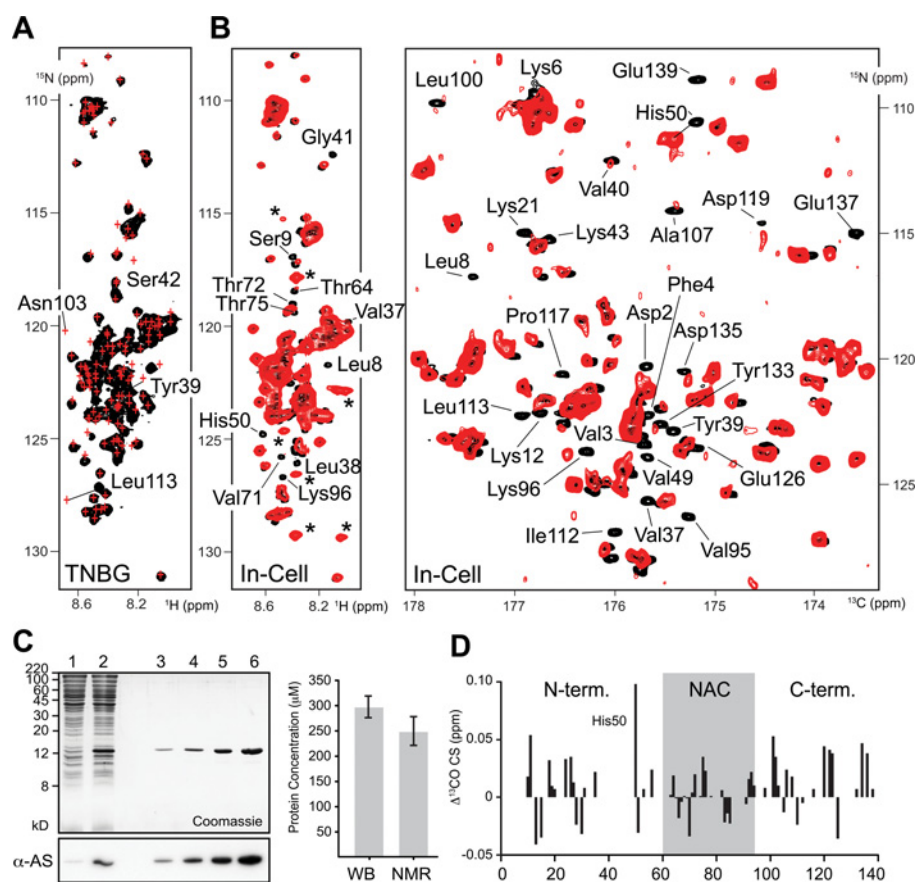
co-workers, in which the first biophysical characterization of α -synuclein was reported, raised the question of whether α -synuclein might exist as an oligomer [9]. The reasons for this were based on concerns about the unusual migration behaviour of α -synuclein on SEC columns and native PAGE (apparent molecular mass ~58 kDa, measured relative to globular protein standards). These observations were interpreted as the monomeric form of α -synuclein having a more elongated shape than the globular protein standards. Further support for this notion was provided by sucrose gradient ultracentrifugation analyses and native PAGE experiments at different acrylamide concentrations, with which molecular masses of ~20 kDa were determined [9]. Higher apparent molecular masses (~57 kDa) have also been obtained for β -synuclein, another synuclein isoform with high sequence homology within the N-terminal protein region, and for other IDPs [33–35]. In 2012, six research groups teamed up to carefully reinvestigate the monomer/tetramer controversy [36]. Employing different native and denaturing purification methods in parallel, α -synuclein from mammalian central nervous system and red blood cells, as well as from *E. coli*, was prepared. The consortium reported that α -synuclein from both types of preparations had similar chromatographic elution profiles and electrophoretic mobility properties, according to molecular mass standards of folded and unfolded proteins. Moreover, the two-dimensional ^1H - ^{15}N NMR features of α -synuclein purified under non-denaturing conditions closely matched those of protein preparations that were obtained from denaturing purification procedures [36], which collectively argued against the natively folded tetramer conformation. These observations are in agreement with a recent study that stipulated the requirements for N-terminal α -synuclein acetylation and a non-denaturing purification protocol in the presence of glycerol and the non-ionic detergent BOG (octyl β -D-glucopyranoside) in order to recover an oligomeric more α -helical form of α -synuclein from *E. coli* [37]. Because α -synuclein is not naturally acetylated in bacteria, a fission yeast N-terminal acetylation B complex had to be co-expressed for efficient modification. These results also contradict the hypothesis of a folded α -synuclein tetramer in non-acetylation-competent *E. coli* cells.

Insights from in-cell NMR

Because possible differences in α -synuclein conformations caused by denaturing or non-denaturing purification protocols are at the centre of the monomer/tetramer controversy, direct in-cell NMR measurements of α -synuclein in intact *E. coli* cells are well poised to provide insights into the 'native' protein state(s) inside live bacteria. Prokaryotic in-cell NMR experiments do not require any form of sample purification or cell lysis and are therefore ideally suited to investigate the high-resolution structural propensities of α -synuclein in an undisturbed cellular environment [38–42]. In-cell NMR measurements involve NMR isotope labelling (^{15}N and/or ^{13}C) during the induction period of recombinant protein expression and direct NMR readouts on the intact cell

Figure 1 | *In vitro* and in-cell NMR properties of α -synuclein

(A) Overlay of two-dimensional ^1H - ^{15}N SOFAST-HMQC (band-selective optimized flip-angle short-transient heteronuclear multiple quantum coherence) NMR spectra of $150\ \mu\text{M}$ α -synuclein (black), purified under denaturing conditions and dissolved in TNBG buffer (100 mM Tris/HCl, pH 7.4, 100 mM NaCl, 10% glycerol and 0.1% BOG), under the same buffer conditions and temperature settings, i.e. 25°C , as for the tetramer and a virtual ^1H - ^{15}N HSQC NMR spectrum of the α -synuclein tetramer (red marks) based on deposited BMRB (Biological Magnetic Resonance Bank) chemical shifts. (B) Overlay of two-dimensional ^1H - ^{15}N SOFAST-HMQC (left-hand panel) and two-dimensional (H-flip) ^{13}C - ^{15}N (right-hand panel) NMR spectra of monomeric α -synuclein *in vitro* (black) and inside *E. coli* cells (red). Two-dimensional ^1H - ^{15}N correlations were acquired at 10°C to minimize chemical exchange effects. Two-dimensional ^{13}C - ^{15}N correlations were obtained at 30°C . Labelled α -synuclein residues denote broadened signals in the different panels. Asterisks in (B) indicate *E. coli* background signals (see also Supplementary Figure S1A at <http://www.biochemsoctrans.org/bst/040/bst0400950add.htm>). For simplicity, only the ^{13}C component corresponding to residue *i* is labelled in the ^{13}C - ^{15}N panel. (C) Left-hand panel: Coomassie Blue-stained SDS/PAGE and anti- α -synuclein Western blot. Lanes 1 and 2, total *E. coli* cell lysate before and after induction of recombinant α -synuclein expression respectively; lanes 3–6, loaded reference α -synuclein concentrations, i.e. 3.5, 7, 14 and $28\ \mu\text{M}$ respectively. Molecular masses are indicated in kDa. Right-hand panel: determination of α -synuclein concentrations inside *E. coli* by quantitative Western blotting (WB) and NMR signal integration (NMR). Results are means \pm S.D. from two independent experiments. (D) ^{13}C chemical shift differences of α -synuclein resonances *in vitro* and in-cell. Residues broadened beyond detection were not included in the analysis. Experimental details can be found in the Supplementary Online Data at <http://www.biochemsoctrans.org/bst/040/bst0400950add.htm>.



slurry. Two-dimensional in-cell NMR spectra then provide atomic-resolution details about the structural features of the overexpressed intracellular protein. A number of in-cell NMR studies of α -synuclein inside *E. coli* cells have been reported [21,43–48]. In all of these studies, in-cell NMR spectra of α -synuclein (^1H - ^{15}N and ^{13}C - ^{15}N) and *in vitro* reference correlations of the protein purified under denaturing conditions looked remarkably similar. Our own

in-cell NMR data corroborate this notion (Figure 1B). We, and others, interpret these findings as an indication for the preservation of the monomeric disordered protein state inside the crowded cytoplasm of live bacteria. Proponents of the tetramer hypothesis argue that these and other *E. coli* in-cell NMR spectra resemble cross-peak patterns of the folded tetramer, which they interpret as pointing towards a native oligomeric α -synuclein state inside bacterial cells [28].

To correlate the intracellular protein concentration of overexpressed α -synuclein in our in-cell NMR samples to the experimentally obtained NMR signal intensities, we employed quantitative Western blotting and two-dimensional NMR signal integration (Figures 1B and 1C). These measurements established that intracellular α -synuclein was present at a concentration of $\sim 300 \mu\text{M}$, which corresponded well to the $\sim 250 \mu\text{M}$ of α -synuclein in-cell NMR signals that we recorded (see the Supplementary Online Data at <http://www.biochemsoctrans.org/bst/040/bst0400950add.htm> for details). This indicated that the majority of α -synuclein inside *E. coli* contributed to the NMR signals detected. If these in-cell NMR measurements were to report the presence of a folded tetramer, the overall NMR signal quality would be greatly impaired by the much lower tumbling rate in this high-viscosity environment [44]. Pielak and co-workers recently presented an elegant demonstration of this concept by recording in-cell NMR spectra of α -synuclein (14 kDa) covalently fused to ubiquitin (5 kDa) [47]. Only NMR signals of the disordered α -synuclein portion of this construct could be detected and these superimposed well on to reference cross-peaks of the disordered monomer. A similar scenario would be expected for the postulated tetramer for which the first 100 residues were speculated to form the α -helical core region, while the protein C-terminus remained more flexible [28]. No such NMR characteristics were observed in in-cell NMR experiments.

However, in-cell NMR spectra of α -synuclein did reveal regions of site-selective line broadening. These mapped to different portions of α -synuclein, interspersed throughout the primary amino acid sequence in a non-continuous fashion (Supplementary Figure S1B at <http://www.biochemsoctrans.org/bst/040/bst0400950add.htm>). In macromolecular crowded *in vitro* solutions (305 mg/ml BSA), α -synuclein displayed similar patterns of line broadening (Supplementary Figure S1A), which indicated that unspecific interactions with BSA (*in vitro*), or with cellular components in *E. coli* (in-cell) and/or conformational/chemical exchange effects could be causing this behaviour. To rule out chemical exchange contributions, we resorted to two-dimensional heteronuclear (^{13}C - ^{15}N) in-cell experiments, which do not involve exchangeable protons [49]. Direct carbon-detected ^{13}C - ^{15}N experiments have previously been employed to characterize bacterial in-cell α -synuclein samples [48]. Because ^{13}C - ^{15}N spectra display greater overall chemical shift dispersion, their use for residue-resolved analyses is advantageous over ^1H - ^{15}N correlations. In addition, ^{13}C chemical shifts of backbone carbonyls are highly sensitive to changes in protein backbone conformations and are widely used as unbiased indicators for protein secondary structure [50,51]. Similar to the previous in-cell NMR study employing ^{13}C - ^{15}N experiments, our *in vivo* NMR data revealed α -synuclein ^{13}C - ^{15}N cross-peaks that closely matched the *in vitro* reference pattern of the disordered monomer (Figure 1B, right-hand panel). Minor chemical shift differences ($\delta\Delta_{\text{CO}} < 0.07$ p.p.m., with the exception of His⁵⁰ which reported a slightly more basic

intracellular pH) were detected throughout the protein (Figure 1D). Overall, no alterations in secondary structure were detected. Matching regions of site-selective line broadening were preserved under BSA-crowded *in vitro* conditions, although to a lesser extent (Supplementary Figure S1B). Moreover, when we lysed the in-cell NMR samples and recorded NMR spectra of the resulting extracts, the majority of the broadened NMR signals were recovered at nearly identical peak positions compared with *in vitro* reference spectra (Supplementary Figures S2C–S2D at <http://www.biochemsoctrans.org/bst/040/bst0400950add.htm>). Cell lysis was performed using a mild protocol [36] and without boiling or denaturing the extract. According to quantitative NMR peak volume analyses, the amount of α -synuclein that was present in this extract ($\sim 260 \mu\text{M}$) was comparable with the amount detected by in-cell NMR measurements. Together, this indicated that α -synuclein exhibited a disordered monomeric conformation inside live *E. coli* cells.

Conclusions

We have presented *in vitro* and in-cell NMR evidence that call into question the postulated tetramer conformation of α -synuclein. Although, strictly speaking, we cannot rule out other intracellular α -synuclein conformations, especially in higher eukaryotic cells, in-cell NMR data in *E. coli* strongly support the idea that at least in this cellular environment α -synuclein displays structural and dynamic properties of an intrinsically disordered monomer.

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SUPPLEMENTARY ONLINE DATA

Bacterial in-cell NMR of human α -synuclein: a disordered monomer by nature?

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Materials and methods

Proteins and reagents

¹⁵N and ¹⁵N/¹³C isotope-labelled α -synuclein for *in vitro* NMR experiments was obtained by overexpression of a pT-T7 plasmid containing full-length α -synuclein in *E. coli* BL21(DE3) cells using M9 minimal medium supplemented with ¹⁵NH₄Cl and [¹³C]glucose (Sigma). Purification of the disordered monomer included a boiling step to initially clear the bacterial lysate after expression of recombinant α -synuclein, as reported previously [1]. Protein samples were dissolved in 20 mM phosphate buffer supplemented with 150 mM NaCl at pH 7.0 (NMR buffer). BSA was purchased from Carl Roth.

In-cell NMR samples

In-cell NMR samples were generated following the protocol by Robinson et al. [2]. In brief, a 20 ml α -synuclein overnight LB (Luria-Bertani) culture of transformed *E. coli* cells was used to inoculate a 400 ml LB culture (non-isotope-labelled). After reaching a *D*₆₀₀ of ~0.8, cells were harvested by centrifugation at 3000 g for 10 min. The cell pellet was washed once with M9 minimal medium to remove any remaining LB. Washed cells were inoculated in 100 ml of M9 minimal medium and induced with 1 mM IPTG (isopropyl β -D-thiogalactopyranoside) for 4 h at 37°C. Cells were gently harvested and washed twice with NMR buffer. The final cell pellet (~600 μ l) was resuspended with 200 μ l of NMR buffer supplemented with 10% ²H₂O and the cell slurry was loaded into a 5 mm NMR tube. Lysis of the *E. coli* cell slurry after in-cell NMR measurements was performed by sonication on ice using a digital sonifier (Branson) and according to the bacterial lysis protocol described by Fauvet et al. [3]. The lysate/extract was cleared by centrifugation at 17 000 g for 25 min at 4°C. NMR spectra were acquired directly on the cleared lysate/extract.

NMR acquisition, data processing and analysis

All NMR spectra were recorded in 5 mm NMR tubes on a 750 MHz Bruker Avance spectrometer, equipped with

a cryogenically cooled triple resonance ¹H{¹³C/¹⁵N} TCI probe. In-cell ¹H-¹⁵N correlations were obtained using two-dimensional ¹H-¹⁵N SOFAST-HMQC (band-selective optimized flip-angle short-transient heteronuclear multiple quantum coherence) experiments [4] at 10°C. NMR spectra were acquired with 1024 and 256 complex points in the ¹H and ¹⁵N dimensions respectively and 32 scans. Pulses, delays and decoupling schemes have been reported previously [5]. *In vitro* reference NMR spectra of the disordered monomer were recorded on 50–250 μ M α -synuclein samples dissolved in NMR buffer. Unless otherwise specified, all NMR spectra were collected on samples dissolved in buffer at pH 7.0. All SOFAST-HMQC NMR spectra were zero-filled to 4096 and 2048 points for the ¹H and ¹⁵N dimensions respectively. Equal numbers of real points in the ¹⁵N dimension were linear-predicted for in-cell and *in vitro* samples. In-cell (H-flip)¹³CO-¹⁵N experiments [6] were recorded at 30°C. ¹³CO-¹⁵N spectra were acquired with 1024 complex points for the ¹³CO dimension and 64 increments for the ¹⁵N dimension [resulting from 128 IPAP (in-phase/antiphase) increments] with 256 scans. Pulses, delays and decoupling schemes have been reported previously [5]. *In vitro* reference NMR spectra of the disordered monomer were recorded on 250 μ M α -synuclein samples dissolved in NMR buffer. NMR parameters for *in vitro* α -synuclein samples were 1024 complex points in the ¹³CO dimension and 128 increments in the ¹⁵N dimension (resulting from 256 IPAP increments) with 256 scans. All ¹³CO-¹⁵N NMR spectra were zero-filled to 4096 and 2048 for the ¹H and ¹⁵N dimensions respectively. Equal numbers of real points in the ¹⁵N dimension were linear-predicted for in-cell and *in vitro* samples. *In vitro* crowding NMR spectra were recorded in NMR buffer at pH 6.4 supplemented with 305 mg/ml BSA and identical spectrometer settings. All NMR spectra were processed with Topspin 2.3 (Bruker) and analysed using Topspin and Sparky 3 (<http://www.cgl.ucsf.edu/home/sparky/>).

SDS/PAGE, Western blotting and protein quantification

A 25 μ l volume of the *E. coli* cell suspension was removed before and after IPTG induction, diluted into a 225 μ l

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final volume of SDS sample buffer supplemented with 2-mercaptoethanol and boiled for 5 min. Aliquots of 4 μ l were diluted further into a final volume of 20 μ l, of which two 10 μ l amounts were loaded on to two denaturing SDS 18% polyacrylamide gels. The final dilution factor was 45. A dilution series of reference α -synuclein concentrations were loaded on to both gels for Western blot quantifications. Reference concentrations were 3.5, 7.0, 14 and 28 μ M α -synuclein. SDS/PAGE was performed on Miniprotean III systems (Bio-Rad Laboratories) in Tris/glycine buffer. One gel was stained with Coomassie Brilliant Blue, and the other was transferred on to nitrocellulose for Western blotting (Turbo transfer system, Bio-Rad Laboratories). Molecular-mass markers for SDS/PAGE were Color-Burst markers (Sigma). Western blot membranes were blocked with 5% (w/v) non-fat dried milk powder dissolved in TBS (100 mM Tris/HCl, pH 7.5, and 0.9% NaCl) for 1 h at room temperature. Membranes were incubated with primary antibody overnight at 4°C: monoclonal anti-(N-terminal α -synuclein) (Abcam ab51252, 1:500 dilution in TBS supplemented with 0.1% Tween 20). Membranes were processed using standard protocols and incubated with HRP (horseradish peroxidase)-conjugated secondary antibody (Sigma A6667, anti-rabbit,

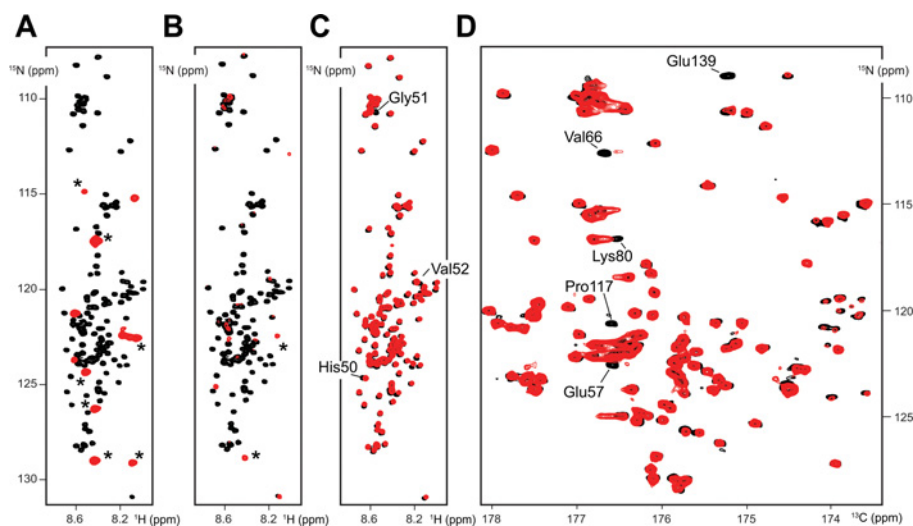
dilution 1:10 000 in TBS supplemented with 0.1% Tween 20). HRP chemiluminescence was probed with 1 ml of Super Signal West Pico (ThermoScientific). Exposures of 2 min were visualized using the ChemiDoc XRS Imaging System (Bio-Rad Laboratories).

Quantification of protein concentrations

Protein concentrations were determined by quantitative Western blotting and NMR signal integration. In brief, Western blot band intensities of α -synuclein references were quantified using the ImageLab software package (Bio-Rad Laboratories) by obtaining calibration curves to which in-cell concentrations of α -synuclein were correlated. Quantifications of two-dimensional NMR signals were performed by integrating selected sets of well-resolved NMR cross-peaks from in-cell ^1H - ^{15}N SOFAST-HMQC NMR spectra and by comparing the signal intensities obtained with *in vitro* reference samples of the disordered monomer at known concentrations. The integration tool in Topspin 2.3 was used for quantifying peak volumes. Only non-overlapped NMR cross-peaks were taken into account, i.e. Gly³¹, Gly⁶⁷, Gly⁶⁸, Gly⁷³, Gly⁸⁶, Gly⁹³, Thr⁹², Asn¹⁰³, Asp¹¹⁹, Ser¹²⁹ and Ala¹⁴⁰ for both in-cell and NMR lysate samples.

Figure S2 | In-cell NMR control experiments

(A) Overlay of two-dimensional ^1H - ^{15}N SOFAST HMQC spectra of monomeric α -synuclein *in vitro* (black) and of non-transformed *E. coli* cells grown in isotope-labelled ($^{15}\text{NH}_4\text{Cl}$ and/or ^{13}C]glucose) M9 minimal medium, induced for 4 h (red). NMR resonances of isotope-labelled background metabolites are clearly visible. These are also present in the in-cell NMR spectrum of overexpressed α -synuclein in Figure 1(B) of the main text (some marked with an asterisk). (B) Overlay of two-dimensional ^1H - ^{15}N SOFAST-HMQC spectra of monomeric α -synuclein *in vitro* (black) and of the *E. coli* supernatant recovered after in-cell NMR measurements by gentle sedimentation of the cell slurry. Only minor α -synuclein NMR signals (<1%) were detected, indicating that no significant protein leakage had occurred during the in-cell NMR experiment. Contour levels are the same as in Figure 1(B) of the main text. (C) Two-dimensional overlay of ^1H - ^{15}N SOFAST-HMQC and (D) two-dimensional (H-flip) ^{13}C - ^{15}N spectra of monomeric α -synuclein *in vitro* (black) and the in-cell NMR sample after cell lysis (red). Chemical shift differences of α -synuclein residues close to His⁵⁰ can be attributed to small changes in pH between *in vitro* and cell lysate solutions. We are currently investigating the causes for the chemical shift/line-broadening effects of Glu⁵⁷, Val⁶⁶, Lys⁸⁰, Pro¹¹⁷ and Glu¹³⁹ in the lysate ^{13}C - ^{15}N spectrum.

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